

OPEN SWEAT CYCLE SCHEDULE

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	12:30pm <i>Open Sweat Cycle</i> <i>Self Guided</i> 45 minutes Real Ryder Studio		12:30pm <i>Open Sweat Cycle</i> <i>Self Guided</i> 45 minutes RealRyder Room			